

### Live After Racing: Accessible Information

Ffos Las Racecourse, Trimsaran, Carmarthenshire, SA17 4DE

[www.ffoslas-racecourse.co.uk](http://www.ffoslas-racecourse.co.uk)

#### Contact

Should you have any specific queries or concerns regarding access facilities and provisions for the Live After Racing events, please do not hesitate to get in touch on the following contact details

Phone (Racecourse Office): 01554 811 092

Email: [info@ffoslasracecourse.co.uk](mailto:info@ffoslasracecourse.co.uk)

#### Tickets

General admission tickets can be purchased through the Live After Racing website <http://www.liveafterracing.co.uk>

If you would like to add a personal assistant ticket to your order or reserve a space on the accessible viewing platform, please call the venue on 01554 811 092.

If you have already purchased your ticket through any other outlet and wish to add either of these options afterwards, this is fine too, just give us a call or email us on [info@ffoslas-racecourse.co.uk](mailto:info@ffoslas-racecourse.co.uk)

#### Personal Assistants

We can provide a free ticket to registered personal carers who are assisting a disabled visitor, which will be issued upon presentation of an official personal carer ID. Please let us know when booking your ticket that you are bringing your PA.

#### Accessible Viewing Areas

We will have a dedicated viewing platform for customers with additional access requirements, with one companion permitted into this area per person. Please contact us for further information or to book a place.

Please note that these spaces will be allocated on a first come first served basis and we may not be able to accommodate all requests should this area reach capacity.

For regular race goers, please be aware that the viewing platform for Live After Racing events is separate to those used for race meets.

Accreditation will be required to access the viewing platform during the event. For customers who have booked a space in advance, your accreditation will be available for collection at the main reception.

## Site Information

The stage will be on a grassy surface which may be slightly uneven in parts. The accessible viewing platform and route to toilets is on hard standing. There are paths around the site which are suitable for wheelchairs however we do still advise those with mobility aids to take care.

As the Live After Racing events take place outdoors, we advise that you come prepared for potential weather extremes.

If you require assistance, please do not hesitate to speak to a member of staff.

## Event Timings

Please refer to the specific event listing for opening times, or get in touch on the details provided above.

Performance times are subject to change and will not be confirmed until the weeks leading up to the event, however, please get in touch if you require assistance with regards to start or finish times.

## Travel Information

### By Road:

For the most direct route please follow your Sat Nav: SA17 4DE.

Situated just off the A484 between Llanelli and Carmarthen, Ffos Las Racecourse is clearly signposted. From the east from J48 of the M4 and from the west from the A40 to Carmarthen.

There is a taxi drop off point located directly outside the main entrance.

### By Bus:

There is a subsidised bus to and from the racecourse. The bus operates from Llanelli train station with dedicated pick up and return times. Customers will be charged £1 per journey on a strictly first come first served basis.

Please check the venue website for the times this service will operate <https://www.ffoslas-racecourse.co.uk/get-here/>

The shuttle buses are wheelchair accessible, however, please be aware that space is limited.

### By Rail:

The nearest train stations to Ffos Las Racecourse are Kidwelly (4.5 miles), Pembrey and Burry Port (4.5 miles), Llanelli (6 miles) and Carmarthen (12 miles).

You can then transfer from Llanelli station to the racecourse using the Race Day shuttle bus service.

For more information on facilities available at the train stations, please visit <https://www.nationalrail.co.uk/stations>

## **Parking**

There are dedicated accessible parking spaces located close to the main entrance to the racecourse.

You do not need to book parking in advance, when you arrive at the event, please let our stewards know that you are a blue badge holder and require a space and they will assist you.

Blue badge parking is also signposted from the main entrance.

## **Accessible Toilets**

Gender neutral accessible toilets are located across the race course and hospitality areas. There will also be an accessible toilet located within close proximity to the accessible viewing area for ease during the performance.

Some of these toilets are accessed by a radar key. If you do not have your own key, please speak to a member of staff who will be able to assist.

## **Refreshments**

Customers are not permitted to bring their own food or drink into the event, unless for medical reasons. Please contact us in advance if you are unsure or have concerns regarding medical requirements on the day of the event.

There will be food and drink available to purchase at the event. For more information on what is available, please visit <https://www.ffoslas-racecourse.co.uk/restaurants-and-hospitality/>

## **Lighting and Production**

There will be flashing lights throughout the performance, and strobe lighting/smoke/other effects may be used at times. If you have any queries regarding the use of special effects, please get in touch.

## **Medical Provisions**

There will be first aid and medical staff on duty throughout the event, if you require any assistance, please speak to a member of staff who will be able to call them to your location.

There will be first aid members located in various positions across the site.

If you have any concerns regarding bringing prescribed medication in to the event, please get in touch to discuss your specific requirements.

## **Guide Dogs**

Guide Dogs are permitted on site. Please note that we may ask for proof that any assistance dog in attendance is registered with an organisation that is a member of Assistance Dogs UK.